

## Be Active

### Natural fitness centre

Experience nature in Braunlage and Hohegeiss in many exciting ways: hiking, mountain and downhill biking, Nordic walking, archery, monster rollers and Segway tours. The Volksbank Arena Harz offers 72 designated mountain bike trails, four which start in Braunlage and two in Hohegeiss. A walking brochure with designated baby stroller route is available at the tourist information.



### Simply not to be missed:

- Experience the summit via the Wurmberg Cable Car
- Biathlon shooting for guests (all year)
- Ice rink Braunlage
- Adventure Golf Park
- Forest swimming pool - Hohegeiss
- Tennis Hall (24 hours) and tennis courts

## WINTERSPORT

### Number 1 ski area in the North



The winter sports area Wurmberg is the largest ski area in the North with guaranteed snow. With slopes for skiing, snowboarding, snow-tubing, cable car, chair lift with four seats and the longest toboggan run in northern Germany will definitely make the winter heart beat faster. The ski fields by the Town Hall and Hasselkopf, as well as the ski-centre Hohegeiss, complete the fun on the slopes. There are many kilometres of cross-country trails that lead you across the wintry mountain world.

### Simply not to be missed:

- Winter sport area Wurmberg with cable car, chair lift, snow tubing and the Hexenritt Piste
- Snow shoe hiking
- Ice rink Braunlage with regular ice hockey events
- Longest toboggan run in northern Germany and toboggan lift in the village
- Horse drawn sleigh rides

## RECREATION

### Healthy Holiday



Breathe easily while walking through the colourful mountain meadows of Hohegeiss; spend time wandering through Braunlage spa-park, recharge your batteries with a sports course at the fitness centre or by the refreshing Kneipp facilities. The tranquillity of the forests, the power of nature and the relaxing spa services in Braunlage and Hohegeiss revitalize body and mind. Recreation seekers will discover a natural Anti-Stress-Program.

### Simply not to be missed:

- Salt World Braunlage
- Indoor swimming pool and sauna
- Spa-parks in Braunlage and with Kneipp facilities in Hohegeiss
- Mountain blossom meadow in Hohegeiss (weather permitting from mid May to early July)



**... feel the heart beat of nature!**

... colourful walking tours!

**QUESTIONS? INQUIRIES? BOOKING?**

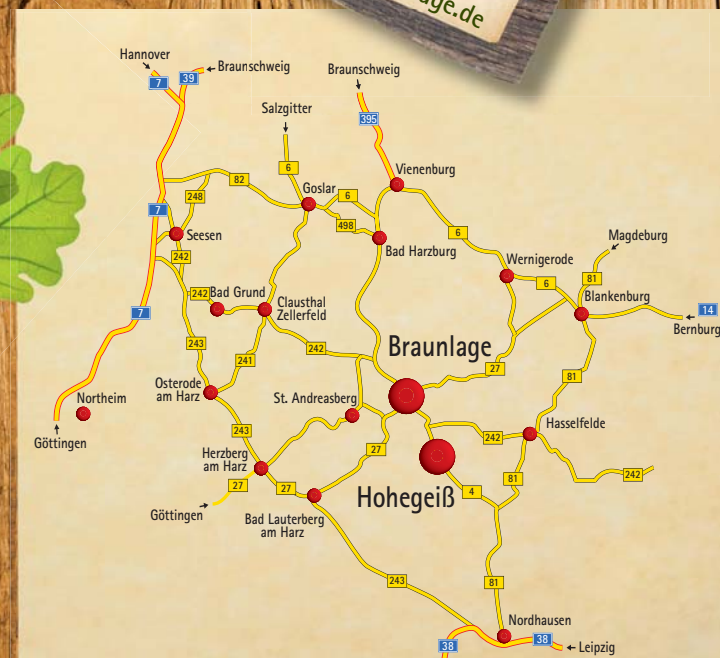
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**Located in the Harz! Located in the Heart!**

*Holiday fun in the middle of Germany*

... to the summit we go!

... cold joy of life!



After a long winter, nature awakens around Braunlage and Hohegeiss with a spectacle display. First flowers fight their way through the last of the snow, trees sparkle with a vibrant green and bird song welcomes the first morning rays of sunshine. This is time to lace up the hiking boots, breath in the fresh spring air and feel the heartbeat of nature. Spring holidays revitalises!

A long walk through the forest around Braunlage and Hohegeiss during the autumn is a soothing experience. The mist that clings to the forest creates a mystical feeling, while the colourful foliage decorates the forest floor; and with luck you might hear the loud cries of the deer's in the rutting season. Observing the wildlife and active experiences with nature will ensure the heart beats faster. Enjoyment of nature in an autumn holiday!

In Braunlage and Hohegeiss you can enjoy an active holiday even on hot days. Hike through shady forests and cool valleys, or enjoy sunny views from Lower Saxony highest peak the Wurmberg. The whole family can cool down in the forest swimming pool in Hohegeiss or at the ice rink in Braunlage. Indulge the heart with a summer holiday in Braunlage and Hohegeiss!

Discover this fairy tale winter wonderland in Braunlage and Hohegeiss on a horse drawn sleigh, or by walking through the snow with snowshoes. For winter sport enthusiasts the Wurmberg Mountain offers perfect snowy conditions. Children will love playing in the snow, having snowball fights and riding down the slopes with toboggans. Winter holidays in the Harz Mountains offers icy, frosty holiday fun!

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# Harz